



SUN MON TUE WED THUR FRI SAT

	<p>April Fool's Day 10:00 Residents Art Exhibition - Breakdown (BR) 10:45 Coconut Creek Casino (Meet in Lobby) 11:00 Poker (Veranda/Florida room) 11:30 Hand & Foot Canasta (Card Room) 1:00 Word Mining w/ Trish (BR) 1:00 Dime Poker with Lillian (Poker Table - Veranda) 2:00 Arts and Crafts w/ Trish 7:15 Trivia with Steve (BR)</p>	<p>10:00 Tai Chi and Qigong with Marc (BR) 11:00 Golfing with Skip (Putting Green) 11:15 Color Therapy (BR) 2:00 BINGO (BR) 7:15 Evening Movie: A Mighty Wind (BR)</p>	<p>10:00 Chair Zumba with Julie (BR) 11:00 Pet Therapy (Veranda) 12:30 Board & Card Games (Card Room) 1:00 Pokerkeeno w/ Trish (BR) 1:00 Dime Poker with Lillian (Poker Table - Veranda) 2:00 Vitas Healthcare presents "Aging in Place" (BR) 7:15 High Stakes Bingo (BR)</p>	<p>8:00 Wear Light Blue in support of Autism Month 10:00 Chair Toning with Julie (BR) 10:30 Catholic Services (Assisted Living Fountain Rm) 11:00 Golfing with Skip (Putting Green) 11:00 Women's Club (BR) 11:00 Poker (Veranda/Florida room) 11:30 Outreach Committee (BR) 2:00 BINGO (BR) 7:15 Evening Movie: Along Came Polly (BR)</p>	<p>9:00 Gardening Club (Ballroom Patio) 10:00 Live Yoga & Guided Relaxation with Paula! (BR) 10:30 YaYa Jewelry & Fashion (Card Room) 1:00 Calvary Chapel Bible Study (Library) 1:00 Canasta with Lillian (Veranda/Poker table) 2:00 Judy Lanier & Bobbi Bendett presents Sophie Tucker (BR) 7:00 Sabbath Service (Library)</p>	<p>10:00 Zumba with Julie (BR) 11:00 Aston Gardens Chorus Rehearsal (BR) 11:00 Poker (Veranda/Poker table) 11:00 Spanish with Azul (The Tavern) 12:30 Painting, Coloring, Crafting - On Your Own (BR) 2:00 Marjorie Stoneman Douglas High School - Talent Show (BR) 7:30 Showtime: Duo Formosa (Violin/Pianist) (BR)</p>
<p>10:00 Depart for Catholic Services (Lobby) 10:00 Meditation with Vidya (Card Room) 10:30 Chair Exercise (BR) 12:00 Trip on the Keyboard (Lobby) 2:00 Current Events with Art Brownstein (BR) 3:30 Technology Assistance with Bee (Card Room) 3:30 Sunday Matinee: Nyad (BR)</p>	<p>10:00 Exercise in the Ballroom (BR) 11:00 Rabbi Eli - (BR) 11:00 Poker (Veranda/Florida room) 11:30 Hand & Foot Canasta (Card Room) 1:00 Word Mining w/ Trish (BR) 1:00 Dime Poker with Lillian (Poker Table - Veranda) 2:00 Monday Drinks Mixology with Albert & Trish (The Tavern) 7:15 Documentary: 2011 - Forks Over Knives (BR)</p>	<p>10:00 Exercise in the Ballroom (BR) 11:00 Color Therapy (BR) 11:00 Golfing with Skip (Putting Green) 12:00 Birthday Luncheon (Dining Room) 2:00 BINGO (BR) 7:15 Evening Movie: Bye Bye Birdie (BR)</p>	<p>10:00 Chair Zumba with Julie (BR) 11:00 Pet Therapy (Veranda) 11:45 Lauderdale Performing Arts Center Trip - Hello Dolly (Lobby) 12:30 Board & Card Games (Card Room) 1:00 Dime Poker with Lillian (Poker Table - Veranda) 2:00 Sound Therapy with Jean (BR) 7:15 High Stakes Bingo (BR)</p>	<p>DENIM & DIAMONDS WESTERN THEMED DAY 8:00 Wear Red in support of Autism Month 10:00 Aquacise Zumba with Julie (Pool) 10:30 Catholic Services (Assisted Living Fountain Rm) 11:00 Golfing with Skip (Putting Green) 11:00 Poker (Veranda/Florida room) 2:00 BINGO (BR) 7:15 Evening Movie: Dirty Dancing (BR)</p>	<p>9:00 Gardening Club (Ballroom Patio) 10:00 Live Yoga & Guided Relaxation with Paula! (BR) 10:00 Share Stories and Coffee w/ Paul (Card Room) 1:00 Calvary Chapel Bible Study (Library) 1:00 Canasta with Lillian (Veranda/Poker table) 7:00 Sabbath Service (Library)</p>	<p>10:00 Stretch & Balance with Julie (BR) 11:00 Aston Gardens Chorus Rehearsal (BR) 11:00 Poker (Veranda/Poker table) 11:00 Spanish with Azul (The Tavern) 12:30 Painting, Coloring, Crafting - On Your Own (BR) 2:00 Vintage Bingo with Judy & Jim (BR) 7:30 SHOWTIME with Singer Georgene Barger (BR)</p>
<p>10:00 Depart for Catholic Services (Lobby) 10:30 Chair Exercise (BR) 11:00 Bingaz, Jewelry and Things (Veranda) 12:00 Trip on the Keyboard (Lobby) 2:00 Rabbi Stone Presents (BR) 3:30 St. Andrew's High School - CLEO CLUB - Computer Literacy (Card Room) 3:30 Sunday Matinee: Anna & The King (BR) 3:45 Dining Out (Clubhouse)</p>	<p>Tax Day 10:00 Exercise in the Ballroom (BR) 11:00 Poker (Veranda/Florida room) 11:30 Hand & Foot Canasta (Card Room) 1:00 Word Mining w/ Trish (BR) 1:00 Dime Poker with Lillian (Poker Table - Veranda) 2:00 Town Hall Meeting (BR) 7:15 Harry Getzov presents ... (BR)</p>	<p>10:00 Tai Chi and Qigong with Marc (BR) 11:00 Golfing with Skip (Putting Green) 12:00 New Resident Luncheon (Dining Room) 2:00 BINGO (BR) 7:15 Evening Movie: Fever Pitch (BR)</p>	<p>10:00 Chair Zumba with Julie (BR) 11:00 Pet Therapy (Veranda) 12:30 Board & Card Games (Card Room) 1:00 Etairos Health Wellness Center Workshop (BR) 1:00 Dime Poker with Lillian (Poker Table - Veranda) 2:00 FOOD FORUM (BR) 3:00 Activities Suggestions & Ideas (BR) 7:15 High Stakes Bingo (BR)</p>	<p>8:00 Wear Purple in support of Autism Month 10:00 Chair Toning with Julie (BR) 10:30 Catholic Services (Assisted Living Fountain Rm) 11:00 Golfing with Skip (Putting Green) 11:00 Outreach Committee (BR) 11:00 Poker (Veranda/Florida room) 2:00 BINGO (BR) 7:15 Trivia with Steve (BR)</p>	<p>9:00 Gardening Club (Ballroom Patio) 10:00 Live Yoga & Guided Relaxation with Paula! (BR) 11:00 Royalty & Elegance Boutique (Card Room) 1:00 Calvary Chapel Bible Study (Library) 1:00 Canasta with Lillian (Veranda/Poker table) 7:00 Sabbath Service (Library)</p>	<p>10:00 Zumba with Julie (BR) 11:00 Aston Gardens Chorus Rehearsal (BR) 11:00 Poker (Veranda/Poker table) 11:00 Spanish with Azul (The Tavern) 12:30 Painting, Coloring, Crafting - On Your Own (BR) 7:30 SHOWTIME (BR)</p>
<p>10:00 Depart for Catholic Services (Lobby) 10:00 Meditation with Vidya (Card Room) 10:30 Chair Exercise (BR) 12:00 Trip on the Keyboard (Lobby) 2:00 SPEAKER- Michael Brodie (BR) 3:30 Technology Assistance with Bee (Card Room) 3:30 Sunday Matinee: The Great Gatsby (BR)</p>	<p>Passover Earth Day 10:00 Exercise in the Ballroom (BR) 11:00 Poker (Veranda/Florida room) 11:30 Hand & Foot Canasta (Card Room) 1:00 Word Mining w/ Trish (BR) 1:00 Dime Poker with Lillian (Poker Table - Veranda) 5:00 Sedar Passover with Rabbi Stone (BR)</p>	<p>10:00 Exercise in the Ballroom (BR) 11:00 Color Therapy (BR) 11:00 Golfing with Skip (Putting Green) 2:00 BINGO (BR) 7:15 Evening Movie: For Me and My Gal (BR)</p>	<p>10:00 Chair Zumba with Julie (BR) 11:00 Pet Therapy (Veranda) 12:30 Board & Card Games (Card Room) 1:00 Pokerkeeno w/ Trish (BR) 1:00 Dime Poker with Lillian (Poker Table - Veranda) 7:15 High Stakes Bingo (BR)</p>	<p>8:00 Wear Yellow in support of Autism Month 10:00 Aquacise Zumba with Julie (Pool) 10:30 Catholic Services (Assisted Living Fountain Rm) 11:00 Golfing with Skip (Putting Green) 11:00 Poker (Veranda/Florida room) 2:00 BINGO (BR) 7:15 Evening Movie: French Kiss (BR)</p>	<p>9:00 Gardening Club (Ballroom Patio) 10:00 Live Yoga & Guided Relaxation with Paula! (BR) 11:00 B-Jeweled by Helen Bier (Card Room) 1:00 Calvary Chapel Bible Study (Library) 1:00 Canasta with Lillian (Veranda/Poker table) 7:00 Sabbath Service (Library)</p>	<p>10:00 Stretch & Balance with Julie (BR) 11:00 Aston Gardens Chorus Rehearsal (BR) 11:00 Poker (Veranda/Poker table) 11:00 Spanish with Azul (The Tavern) 12:30 Painting, Coloring, Crafting - On Your Own (BR) 2:00 Vintage Bingo with Judy & Jim (BR) 7:30 Showtime with Lyonel Fils-Aime (BR)</p>
<p>10:00 Depart for Catholic Services (Lobby) 10:30 Chair Exercise (BR) 11:00 Bingaz, Jewelry and Things (Veranda) 12:00 Trip on the Keyboard (Lobby) 2:00 Showtime: Aston Gardens Chorus (BR) 3:30 Technology Assistance with Bee (Card Room) 3:30 Sunday Matinee: Going My Way (BR)</p>	<p>10:00 Exercise in the Ballroom (BR) 11:00 Poker (Veranda/Florida room) 11:30 Hand & Foot Canasta (Card Room) 1:00 Word Mining w/ Trish (BR) 1:00 Dime Poker with Lillian (Poker Table - Veranda) 2:00 Arts & Crafts (BR) 7:15 Jukebox Bingo with Doug Shannon (BR)</p>	<p>10:00 Exercise in the Ballroom (BR) 11:00 Color Therapy (BR) 11:00 Golfing with Skip (Putting Green) 2:00 BINGO (BR) 7:15 Evening Movie: Funny Face (BR)</p>	<p>Blood Pressure Clinic 10:00 AM Every Monday Wellnes Center</p>	<p>Always Unique Totally Intelligent Sometimes Mysterious</p> <p>AUTISM AWARENESS MONTH</p>	<p>Wellness Center 954 796 6108 Front Desk 954 340 1908</p>	

April 2024

Independent Living
All Programs are Subject to Change



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April Fool's Day
 9:30 Yoga for Seniors
 10:00 Exercise Class (L)
10:30 Music Mondays: Sing-A-Long (L)
 1:15 Tell Us Something Good (L)
1:30 News and Views (L)
 2:30 Hors D'oeuvre Social (L)
 2:45 Kathleen's Bingo (L)
 6:30 Tahiti - Voices Of Paradise (Channel 97)

9:30 Yoga for Seniors
 10:00 Mahjong Game (DK)
 10:00 Walking Club (L)
10:30 Trip To Publix
 10:45 Coffee and Conversation (L)
1:30 Scenic Bus Ride: Sign up at front desk!
 2:30 Snacks and Some (L)
 6:30 Old Time Favorites: The Mary Tyler Moore Show (Channel 97)

9:00 Walking Club
 9:30 Yoga for Seniors
 10:00 Domino Club (DK)
10:45 Zumba Dancing Exercise Class w/ Julie (L)
 1:30 Jingo Bingo W/ Ally (L)
 2:30 Chat and Nibble (L)
 3:00 Canasta Club (FR)
 6:00 Imagery: Lanterns - Relaxing Video - Calming Music (Channel 97)

9:30 Yoga for Seniors
10:30 Catholic Service (FR)
 11:00 Ball-A-Size- Exercise Class w/ Kath
 1:15 Tell Us Something Good (L)
 1:30 Brain Games w/ Kathleen (L)
 2:30 Ice Cream Sundaes on Thursday
 3:00 Bridge Game (DK)
3:15 Money Bingo \$5 to Play (DK)
 6:30 Biography: Grace Kelly (Channel 97)

9:00 Walking Club (L)
 9:30 Yoga for Seniors
 10:15 Tell Us Something Good (L)
 10:30 Word Games w/ Ally (L)
1:00 Music with Joel (DR)
 2:15 Potpourri w/ Ally (L)
 2:45 Hors D'oeuvre Social (L)
3:30 Shabbat Services (FR)
 6:30 Friday Concert: Jerry Lee Lewis (Channel 97)

9:30 Yoga for Seniors
10:00 George Visits- Pet Therapy
 10:00 Trip Plays the Piano (FR)
 10:45 Coffee, Conversation and Connections (L)
 1:15 Tell us Something that Makes YOU Happy (L)
 1:30 Mind Games w/ Ally (L)
 2:30 Ice Cream Social (L)
 3:00 Texas Hold'em Poker Game (FR)
6:30 Evening Movie: The Longest Ride (FR)

9:00 Walking Club
 9:30 Yoga for Seniors
 10:00 Scrabble Club (DK)
11:00 Lummi Stick Exercise Music Fun (L)
 1:15 Tell Us Something Good (L)
 1:30 BrainTeasers w/ Kathleen (L)
 2:30 Chip and Sip (L)
 2:45 Celebrity Bingo (L)
 6:30 Travelogue: Chicago (Channel 97)

9:30 Yoga for Seniors
 10:00 Exercise Class (L)
10:30 Music Mondays: Sing-A-Long (L)
 1:30 Acrylic Painting Sign Up at Front Desk- Limited 10 People (FR)
 2:30 Hors D'oeuvre Social (L)
 6:30 Sentimental Clarinet Quartet with Nature Sounds- What a Wonderful World (Channel 97)

9:30 Yoga for Seniors
 10:00 Mahjong Game (DK)
 10:00 Walking Club (L)
10:30 Trip to Dollar Store
 1:15 Tell Us Something Good (L)
 1:30 Pokeno (L)
 2:30 Snacks and Some (L)
 3:00 Rummikub Club (DK)
 6:30 Old Time Favorites: The Mary Tyler Moore Show (Channel 97)

9:00 Walking Club
 9:30 Yoga for Seniors
 10:00 Domino Club (DK)
10:45 Zumba Dancing Exercise Class w/ Julie (L)
 1:30 Jingo Bingo W/ Kath (L)
 2:30 Chat and Nibble (L)
 3:00 Rummikub Club (FR)
 6:00 Nature Scenery (Channel 97)

9:30 Yoga for Seniors
10:30 Catholic Service (FR)
 11:00 Ball-A-Size- Exercise Class w/ Kath
11:30 BBQ w/ Edie DiCaro Performing (Fountain Room/ Courtyard)
 2:30 Ice Cream Sundaes on Thursday
 3:00 Bridge Game (DK)
3:15 Money Bingo \$5 to Play (DK)
 6:30 Biography: Alan Ladd (Channel 97)

9:00 Walking Club (L)
 9:30 Yoga for Seniors
 10:15 Tell Us Something Good (L)
 10:30 Word Games w/ Ally (L)
1:00 Music with Joel (DR)
 2:15 Potpourri w/ Ally (L)
 2:45 Hors D'oeuvre Social (L)
3:30 Shabbat Services (FR)
 6:30 Friday Concert: The Righteous Brothers (Channel 97)

9:30 Yoga for Seniors
10:00 George Visits- Pet Therapy
 10:00 Trip Plays the Piano (FR)
 10:45 Coffee, Conversation and Connections (L)
 1:15 Tell us Something that Makes YOU Happy (L)
 1:30 Trivia w/ Allyson (L)
 2:30 Ice Cream Social (L)
 3:00 Texas Hold'em Poker Game (FR)
6:30 Evening Movie: Crazy Heart (FR)

9:00 Walking Club
 9:30 Yoga for Seniors
 10:00 Scrabble Club (DK)
11:00 Lummi Stick Exercise Music Fun (L)
1:30 Showtime w/ Stu and Laurie (DR)
 2:45 Chip and Sip (L)
2:45 Music Bingo (L)
 6:30 Travelogue: USA in the West (Channel 97)

Tax Day
 9:30 Yoga for Seniors
 10:00 Exercise Class (L)
10:30 Music Mondays: Sing-A-Long (L)
 1:15 Tell Us Something Good (L)
1:30 News and Views (L)
 2:30 Hors D'oeuvre Social (L)
 2:45 Kathleen's Bingo (L)
6:15 Harry Getzov Presents: Neil Diamond (L)

National Pajama Day Pajama Party
 9:30 Yoga for Seniors
 10:00 Walking Club (L)
 10:30 Pancakes and Pajamas (L)
10:30 Trip To Publix
 11:00 Pajama Day Mad Libs L
 1:30 Pajama Bingo L
 2:30 Pizza and Pajamas (L)
 6:30 Old Time Favorites: The Mary Tyler Moore Show (Channel 97)

9:00 Walking Club
 9:30 Yoga for Seniors
 10:00 Domino Club (DK)
10:45 Zumba Dancing Exercise Class w/ Julie (L)
11:45 Lunch Trip: Red Ginger
 2:00 Jingo Bingo W/ Ally (L)
 2:30 Chat and Nibble (L)
 3:00 Canasta Club (FR)
 6:00 Imagery: Beach Relaxing Waves (Channel 97)

9:30 Yoga for Seniors
10:30 Catholic Service (FR)
 11:00 Ball-A-Size- Exercise Class w/ Kath
 11:00 Book Club (DK)
11:45 Men's Club- Trip to Hooters (FR)
 1:15 Tell Us Something Good (L)
 1:30 Brain Games w/ Kathleen (L)
 2:30 Ice Cream Sundaes on Thursday
 3:00 Bridge Game (DK)
3:15 Money Bingo \$5 to Play (DK)
 6:30 Biography: Jean Harlow & William Powell (Channel 97)

9:00 Walking Club (L)
 9:30 Yoga for Seniors
 10:15 Tell Us Something Good (L)
 10:30 Word Games w/ Ally (L)
1:00 Music with Joel (DR)
 2:15 Potpourri w/ Ally (L)
 2:45 Hors D'oeuvre Social (L)
3:30 Shabbat Services (FR)
 6:30 Friday Concert: Andre Rieu (Channel 97)

9:30 Yoga for Seniors
10:00 George Visits- Pet Therapy
 10:00 Trip Plays the Piano (FR)
 10:45 Coffee, Conversation and Connections (L)
 1:15 Tell us Something that Makes YOU Happy (L)
 1:30 Mind Games w/ Kath (L)
 2:30 Ice Cream Social (L)
 3:00 Texas Hold'em Poker Game (FR)
6:30 Evening Movie: An American In Paris (FR)

9:00 Walking Club
 9:30 Yoga for Seniors
 10:00 Scrabble Club (DK)
11:00 Lummi Stick Exercise Music Fun (L)
1:30 Showtime w/ Josh (DR)
 2:30 Chip and Sip (L)
 2:45 Celebrity Bingo (L)
 6:30 Travelogue: Utah (Channel 97)

Passover Earth Day
 9:30 Yoga for Seniors
 10:00 Exercise Class (L)
10:30 Music Mondays: Sing-A-Long (L)
 1:15 Tell Us Something Good (L)
1:30 Current Events w/ Kath (L)
 2:30 Hors D'oeuvre Social (L)
 2:45 Kathleen's Bingo (L)
4:00 Passover Seder w/ Rabbi Stone (DR)
 6:30 Polynesian Spa - Dan Gibson's Solitudes (Channel 97)

9:30 Yoga for Seniors
 10:00 Mahjong Game (DK)
 10:00 Walking Club (L)
10:30 Trip to Target
 10:45 Coffee and Conversation (L)
 1:30 Birthday Bingo (L)
 2:45 Birthday Party (L)
 3:00 Rummikub Club (DK)
 6:30 Old Time Favorites: The Mary Tyler Moore Show (Channel 97)

9:00 Walking Club
 9:30 Yoga for Seniors
 10:00 Domino Club (DK)
10:45 Zumba Dancing Exercise Class w/ Julie (L)
1:30 Biography Blog- Frank Sinatra (L)
 2:30 Chat and Nibble (L)
 3:00 Rummikub Club (FR)
 6:00 The Magic Waterfall Meditation (Channel 97)

9:30 Yoga for Seniors
10:30 Catholic Service (FR)
 11:00 Ball-A-Size- Exercise Class w/ Kath
 1:15 Tell Us Something Good (L)
 1:30 Colorful Questions (L)
2:30 Cooking Demo with Chef Adam (L)
3:00 Food Meeting (L)
3:30 Resident Meeting (L)
 6:30 Biography: Janet Leigh (Channel 97)

9:00 Walking Club (L)
 9:30 Yoga for Seniors
 10:15 Tell Us Something Good (L)
 10:30 Word Games w/ Ally (L)
1:00 Music with Joel (DR)
 2:15 Potpourri w/ Ally (L)
 2:45 Hors D'oeuvre Social (L)
3:30 Shabbat Services (FR)
 6:30 Friday Concert: Diana Ross & The Supremes Live In Amsterdam (Channel 97)

9:30 Yoga for Seniors
10:00 George Visits- Pet Therapy
 10:00 Trip Plays the Piano (FR)
 10:45 Coffee, Conversation and Connections (L)
 1:15 Tell us Something that Makes YOU Happy (L)
 1:30 Brain Strain w/ Allyson (L)
 2:30 Ice Cream Social (L)
 3:00 Texas Hold'em Poker Game (FR)
6:30 Evening Movie: The Heat (FR)

9:00 Walking Club
 9:30 Yoga for Seniors
 10:00 Scrabble Club (DK)
10:30 Faith Journey w/ Kathleen (L)
11:00 Lummi Stick Exercise Music Fun (L)
 1:15 Tell Us Something Good (L)
 1:30 BrainTeasers w/ Kathleen (L)
 2:30 Chip and Sip (L)
2:45 Music Bingo (L)
 6:30 Travelogue: New England (Channel 97)

9:30 Yoga for Seniors
 10:00 Exercise Class (L)
10:30 Music Mondays: Sing-A-Long (L)
 1:15 Tell Us Something Good (L)
1:30 News and Views (L)
 2:30 Hors D'oeuvre Social (L)
 2:45 Kathleen's Bingo (L)
 6:30 Relaxing classical music: Mozart | Beethoven | Chopin | Bach Tchaikovsky

9:30 Yoga for Seniors
 10:00 Mahjong Game (DK)
 10:00 Walking Club (L)
10:30 Trip To Publix
 10:45 Coffee and Conversation (L)
1:30 Scenic Bus Ride: Sign up at front desk!
 2:30 Snacks and Some (L)
 6:30 Old Time Favorites: The Mary Tyler Moore Show (Channel 97)

All Programs are Subject to Change



L- Lobby
 DK- Downstairs Kitchen
 FR- Fountain Room
 DR- Dining Room

April 2024

The Inn at Aston Gardens Assisted Living

